

My name is Kelsey Henson. I have been legally married to Representative Cody Henson since January 18th, 2014 and we have 2 precious children together.

For me, this process has been exhausting. Our marriage was a nightmare. There were lies, infidelity, manipulation, and the list goes on.

I don't want to re-hash and relive the past but Cody has put me through pure hell and made me feel completely powerless and trapped.

He was able to insert himself into my life, and my head whenever he wanted no matter how much I begged and pleaded for him to stop.

But this narrative changes today.

This is no longer a story of a respected and powerful man being brought down by a scorned woman. This is a story of a woman beating the odds and facing the giants to take her life back.

Despite every effort by Cody, his family, and the deep-seeded, right-wing brotherhood that controls this county and state; I am still here. I am still fighting. And they are not able to silence me any longer.

I have gone from being homeless at 6 months pregnant with a 2-year old to being a completely independent, strong, and capable woman. I am focused on reaching my goals and giving my children the amazing life they deserve.

I wish Cody all the best and I hope he has a great life and can be a good father for our children.

But I am walking away and washing my hands of every piece of control he once had over me; Not because he didn't realize my worth and value but because I finally realized my own.